

<b>Food Safety and Sanitation</b>
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Sanitation is:

The creation and maintenance of **cond**\_\_\_\_\_ that will prevent food **cont**\_\_\_\_\_ or food-borne **ill**\_\_\_\_\_

**Contamination is:**

The presence, generally unintended of harmful organisms or substances

Contaminants can be:

- **B** \_\_\_\_\_
- **C** \_\_\_\_\_
- **P** \_\_\_\_\_

<i>Contaminant</i>	<i>Example:</i>
B_____ hazard	
C_____ hazard	
P_____ hazard	

Direct contamination is caused by \_\_\_\_\_

Cross-contamination is caused by \_\_\_\_\_

Preventing bacteria intoxications and infections. **Biological hazards:**

Bacteria need certain things **to live**. These are:

Condition	How
Food	
Temperature	
Time	
Moisture	
Acid/alkali balance	pH scale
Atmosphere	Some need oxygen (aerobic) Some cannot survive in the presence of oxygen (anaerobic) Some can adapt and survive with or without oxygen

The temperature danger zone

	<p>The temperature danger zone is from: ____°c to ____°c and is the temperature that <b>bacteria</b> multiplies</p> <p>The most dangerous temperature for food to be left at is around ____°c to ____°c</p> <p>We can <b>control</b> bacteria by making sure the food is cooked at a temperature of above ____°c. or kept below a temperature of ____°c.</p> <p>Keep hot foods h_____</p> <p>Keep cold foods _____</p> <p>Keep frozen foods _____</p>
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Chemical contaminants are mainly caused by:

**R**\_\_\_\_\_ chemicals such as \_\_\_\_\_

**F**\_\_\_\_\_ service chemicals such as \_\_\_\_\_

**T**\_\_\_\_\_ metals from \_\_\_\_\_

*Cross-contamination:*

Microorganisms and contaminants **can't move** on their own so they are **car**\_\_\_\_\_ by

**h**\_\_\_\_\_, \_\_\_\_\_ or \_\_\_\_\_.

An example is \_\_\_\_\_

(please give an example yourself)

We can **prevent** cross-contamination by:

<p><i>Personal cleanliness:</i></p>	<p><u>How?</u></p>
<p><i>Dish and equipment cleanliness:</i></p>	
<p><i>Pest management</i></p>	

Summary of worksheet	Summary of worksheet in Chinese

In your opinion, what is the most important thing to remember?

What are the keywords from this worksheet?

English:	Chinese translation: